



Knotty Pine



**Annual Pine Tree Festival
2023 Knotty Pine – 5K
Swainsboro, Georgia
Saturday, May 6, 2023**

The Swainsboro Kiwanis Club, in conjunction with the annual Pine Tree Festival, is sponsoring the Knotty Pine 5K Run on May 6, 2023 starting at 8:00 am. Awards ceremony - 9:15 am.

Registration for 5K by April 24, 2023 - \$25.00 – (after April 24 - \$30.00).

Race day registration and check-in for the 5K begins at 7:00 am on the corner of Green Street and Pine Street in Swainsboro, Georgia. Race day registration for the 5K is \$30.00. **Registration after April 24 does not guarantee a T-shirt.**

Medals for 1st Overall Male & Female and 1st Masters Male & Female and the top 3 male & female finishers in the 5K in each age group: 10 & under, 11-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & older.

QUESTIONS: TIM GOODMAN (478) 494-4741 or goodman@ega.edu

ENTRY FORM: Please Print and MAIL ENTRY FORM AND CHECK TO:

Last Name _____	First Name _____	Knotty Pine Run
Age (as of May 6, 2023) _____	Gender _____	c/o Tim Goodman
Address _____		812 Nassau Street
City _____	State _____	Swainsboro, GA
	Zip Code _____	30401
Email _____		

ENTRY FEE: Pre-registration for 5K _____ \$25 (\$30 after April 24)

T-Shirt Size (circle one): Youth S M Adult S M L XL XXL

Waiver and Release: In consideration of the acceptance of this entry to the Knotty Pine 5K, I waive all claims for myself, my heirs and assigns and hereby release and forever discharge any and all rights and claims which I may hereafter accrue against the Kiwanis Club of Swainsboro, Inc., the Swainsboro/Emanuel County Festival Foundation, event sponsors, event volunteers, and their officers, directors and agents, for any and all injuries or illnesses suffered by me while participating in this event. By registering for the Knotty Pine 5K, you are acknowledging that an inherent risk of exposure to COVID-19 exists in any public place where people are present. By participating in or attending the 5K run, you and any guests voluntarily assume all risks related to exposure to COVID-19 and agree not to hold the Kiwanis Club of Swainsboro, Inc., the Swainsboro/Emanuel County Festival Foundation, event sponsors, event volunteers, and their officers, directors and agents, liable for any illness or injury. I hereby grant full permission to the above entities and individuals to use my likeness in any photograph, videotape, motion picture, recording or any other record of this event for any legitimate purpose including, but not limited to event publicity.

_____ Participant's signature (under 18 parent or legal guardian) Date _____